



## Short Course Meters State Records

Updated December 13, 2023 Corrected

| Women             |      |          | 18 - 24           |                | Men         |                      |  |
|-------------------|------|----------|-------------------|----------------|-------------|----------------------|--|
| Lisa Caprioglio   | GMKW | 28.00    | <b>50 Free</b>    | 23.34          | GMKW        | Michael Arnold       |  |
| Hadley Chura      | DYNA | 1:02.50  | <b>100 Free</b>   | 53.30          | GMKW        | Michael Arnold       |  |
| Michelle Standora | ASLM | 2:19.65  | <b>200 free</b>   | 1:58.26        | ART         | David Spires         |  |
| Amy Schneider     | AWJ  | 4:59.25  | <b>400 Free</b>   | 4:13.69        | ART         | David Spires         |  |
| Kelin Michael     | AWJ  | 10:58.21 | <b>800 Free</b>   | 8:49.87        | ART         | David Spires         |  |
| Gina Grant        | NAUT | 27:07.15 | <b>1500 Free</b>  | 16:39.09       | ART         | David Spires         |  |
| Hadley Chura      | DYNA | 32.14    | <b>50 Back</b>    | 28.24          | GMKW        | Michael Arnold       |  |
| Hadley Chura      | DYNA | 1:06.52  | <b>100 Back</b>   | 59.39          | UNAT        | Mannfred Slotnick    |  |
| Kim Scarborough   | DYNA | 2:30.23  | <b>200 Back</b>   | 2:30.47        | ART         | Young Jeong          |  |
| Lisa Caprioglio   | GMKW | 36.87    | <b>50 Breast</b>  | 29.63          | UC45        | Benjamin Hendrickson |  |
| Caitie Curran     | UNAT | 1:18.79  | <b>100 Breast</b> | <b>1:05.18</b> | <b>SAVM</b> | <b>Kenneth Chism</b> |  |
| Caitie Curran     | UNAT | 2:48.46  | <b>200 Breast</b> | 3:09.16        | ART         | Amos Chan            |  |
| Lisa Caprioglio   | GMKW | 29.36    | <b>50 Fly</b>     | 25.14          | GMKW        | Michael Arnold       |  |
| Caitie Curran     | UNAT | 1:12.87  | <b>100 Fly</b>    | 1:00.90        | ABSC        | Nick Jeronis         |  |
| Wendy Kellner     | ART  | 3:18.17  | <b>200 Fly</b>    | 2:12.36        | ART         | David Spires         |  |
| Lisa Caprioglio   | GMKW | 1:09.48  | <b>100 IM</b>     | 1:01.22        | GMKW        | Michael Arnold       |  |
| Kim Scarborough   | DYNA | 2:28.63  | <b>200 IM</b>     | <b>2:18.61</b> | <b>SAVM</b> | <b>Kenneth Chism</b> |  |
| Taryn Lushinsky   | AWJ  | 5:31.98  | <b>400 IM</b>     | 4:57.25        | ABSC        | Nick Jeronis         |  |

| Women          |      |          | 25 - 29           |          | Men  |                 |  |
|----------------|------|----------|-------------------|----------|------|-----------------|--|
| Abigail Fish   | CCM  | 27.08    | <b>50 Free</b>    | 23.98    | AWJ  | Evan Boley      |  |
|                |      |          |                   | 23.98    | GMKW | Todd Weyandt    |  |
| Megan Melgaard | DYNA | 59.83    | <b>100 Free</b>   | 53.22    | GMKW | Mujahid El-Amin |  |
| Abigail Fish   | CCM  | 2:06.28  | <b>200 free</b>   | 2:03.17  | ART  | Cameron Webb    |  |
| Megan Melgaard | DYNA | 4:39.34  | <b>400 Free</b>   | 4:19.37  | DYNA | Scott Ayer      |  |
| Alexandra Lee  | AWJ  | 9:49.92  | <b>800 Free</b>   | 10:00.70 | ART  | Jeremy Ploessel |  |
| Liz Myers      | GAJA | 19:59.89 | <b>1500 Free</b>  | 17:36.32 | GM   | Dan Goerke      |  |
| Britta O'Leary | AWJ  | 31.56    | <b>50 Back</b>    | 27.90    | ART  | Marc Herbert    |  |
| Britta O'Leary | AWJN | 1:07.09  | <b>100 Back</b>   | 59.70    | DYNA | Scott Ayer      |  |
| Pamela Hanson  | DYNA | 2:19.05  | <b>200 Back</b>   | 2:11.59  | DYNA | Scott Ayer      |  |
| Jamie Christy  | DYNA | 33.75    | <b>50 Breast</b>  | 28.66    | ART  | Michael Malul   |  |
| Britta O'Leary | AWJ  | 1:12.47  | <b>100 Breast</b> | 1:05.93  | ART  | Michael Malul   |  |
| Jamie Christy  | UC45 | 2:43.59  | <b>200 Breast</b> | 2:35.75  | DYNA | Scott Ayer      |  |
| Abigail Fish   | CCM  | 30.40    | <b>50 Fly</b>     | 25.94    | GMKW | Mujahid El-Amin |  |
| Abigail Fish   | CCM  | 1:04.02  | <b>100 Fly</b>    | 56.98    | GMKW | Mujahid El-Amin |  |
| Abigail Fish   | CCM  | *2:20.70 | <b>200 Fly</b>    | 2:11.78  | DYNA | Scott Ayer      |  |
| Britta O'Leary | AWJ  | 1:04.86  | <b>100 IM</b>     | 59.13    | DYNA | Scott Ayer      |  |
| Britta O'Leary | AWJ  | 2:26.18  | <b>200 IM</b>     | 2:10.68  | DYNA | Scott Ayer      |  |
| Britta O'Leary | AWJ  | 5:10.96  | <b>400 IM</b>     | 4:46.60  | DYNA | Scott Ayer      |  |

Records high lighted in RED indicate records set in 2023

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| Women             |      |          | 30 - 34           |          |      | Men             |  |  |
|-------------------|------|----------|-------------------|----------|------|-----------------|--|--|
| Laureen Welting   | GAJA | 28.33    | <b>50 Free</b>    | 23.68    | GMKW | Todd Weyandt    |  |  |
| Britta O'Leary    | AWJ  | 1:00.38  | <b>100 Free</b>   | 52.95    | ART  | Lorenzo Benucci |  |  |
| Vesna Stojanovska | SSS  | 2:14.82  | <b>200 free</b>   | 2:01.26  | DYNA | Eric Cornell    |  |  |
| Vesna Stojanovska | SSS  | 4:40.44  | <b>400 Free</b>   | 4:13.61  | GAM  | Dan Goerke      |  |  |
| Vesna Stojanovska | SSS  | 9:31.58  | <b>800 Free</b>   | 8:38.75  | GAM  | Dan Goerke      |  |  |
| Patricia Mattson  |      | 19:17.95 | <b>1500 Free</b>  | 18:25.13 | SAMS | Justin Fournier |  |  |
| Megan Melgaard    | AWJ  | 31.58    | <b>50 Back</b>    | 29.21    | GMKW | Todd Weyandt    |  |  |
| Megan Melgaard    | AWJ  | 1:09.61  | <b>100 Back</b>   | 1:01.25  | GMKW | Todd Weyandt    |  |  |
| Lynn Doughty      | GAM  | 2:32.96  | <b>200 Back</b>   | 2:25.15  |      | Casey Clafflin  |  |  |
| Britta O'Leary    | AWJ  | 35.45    | <b>50 Breast</b>  | 31.86    | ART  | Jack Mackenroth |  |  |
| Britta O'Leary    | AWJ  | 1:17.41  | <b>100 Breast</b> | 1:10.32  | ART  | Jack Mackenroth |  |  |
| Britta O'Leary    | AWJ  | 2:48.13  | <b>200 Breast</b> | 2:38.44  | ART  | Jack Mackenroth |  |  |
| Megan Melgaard    | AWJ  | 30.53    | <b>50 Fly</b>     | 25.89    | ART  | Adam McKenzie   |  |  |
| Bonnie Moss       | LINS | 1:07.84  | <b>100 Fly</b>    | 59.05    | ART  | Adam McKenzie   |  |  |
| Vesna Stojanovska | SSS  | 2:27.39  | <b>200 Fly</b>    | 2:15.26  | ART  | Lorenzo Benucci |  |  |
| Bonnie Moss       | LINS | 1:09.67  | <b>100 IM</b>     | 58.64    | ART  | Lorenzo Benucci |  |  |
| Bonnie Moss       | LINS | 2:33.28  | <b>200 IM</b>     | 2:08.43  | ART  | Lorenzo Benucci |  |  |
| Britta O'Leary    | AWJ  | 5:14.44  | <b>400 IM</b>     | 4:41.44  | ART  | Lorenzo Benucci |  |  |

| Women                 |            |              | 35 - 39           |                |             | Men               |  |  |
|-----------------------|------------|--------------|-------------------|----------------|-------------|-------------------|--|--|
| <b>Britta O'Leary</b> | <b>AWJ</b> | <b>26.72</b> | <b>50 Free</b>    | <b>23.92</b>   | <b>SAMS</b> | <b>Evan Boley</b> |  |  |
| Britta O'Leary        | AWJ        | 58.43        | <b>100 Free</b>   | 53.38          | AWJ         | Lorenzo Benucci   |  |  |
| Laureen Welting       | GAJA       | 2:06.18      | <b>200 free</b>   | 1:57.43        | AWJ         | Lorenzo Benucci   |  |  |
| Laureen Welting       | GAJA       | 4:24.56      | <b>400 Free</b>   | 4:19.27        | AWJ         | Lorenzo Benucci   |  |  |
| Kristina Ulveling     | DYNA       | 9:14.92      | <b>800 Free</b>   | 9:19.25        | UC45        | Ray Valle         |  |  |
| Kristina Ulveling     | DYNA       | 17:36.58     | <b>1500 Free</b>  | 18:57.46       | GAJA        | Mike Reid         |  |  |
| Britta O'Leary        | AWJ        | 32.43        | <b>50 Back</b>    | 27.56          | AWJ         | Steve Mortimer    |  |  |
| Britta O'Leary        | AWJ        | 1:08.16      | <b>100 Back</b>   | 59.04          | AWJ         | Steve Mortimer    |  |  |
| Britta O'Leary        | AWJ        | 2:34.06      | <b>200 Back</b>   | 2:11.48        | AWJ         | Steve Mortimer    |  |  |
| Britta O'Leary        | AWJ        | 34.01        | <b>50 Breast</b>  | <b>30.55</b>   | <b>SAMS</b> | <b>Dan Snyder</b> |  |  |
| Britta O'Leary        | AWJ        | 1:12.67      | <b>100 Breast</b> | 1:06.42        | AWJ         | Lorenzo Benucci   |  |  |
| Britta O'Leary        | AWJ        | 2:34.85      | <b>200 Breast</b> | <b>2:33.64</b> | <b>SAMS</b> | <b>Dan Snyder</b> |  |  |
| Kristina Ulveling     | DYNA       | 29.33        | <b>50 Fly</b>     | 26.45          | AWJ         | Steve Mortimer    |  |  |
| Kristina Ulveling     | DYNA       | 1:05.53      | <b>100 Fly</b>    | 57.48          | AWJ         | Steve Mortimer    |  |  |
| Laureen Welting       | GAJA       | 2:25.91      | <b>200 Fly</b>    | 2:16.53        | AWJ         | Nei-Kuan Chia     |  |  |
| Britta O'Leary        | AWJ        | 1:04.86      | <b>100 IM</b>     | 58.85          | RAY         | Nick Markey       |  |  |
| Britta O'Leary        | AWJ        | 2:22.63      | <b>200 IM</b>     | 2:09.92        | AWJ         | Lorenzo Benucci   |  |  |
| Laureen Welting       | GAJA       | 5:02.22      | <b>400 IM</b>     | 4:43.45        | AWJ         | Lorenzo Benucci   |  |  |

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| Women                   |             |                | 40 - 44           |          | Men  |                 |
|-------------------------|-------------|----------------|-------------------|----------|------|-----------------|
| Sheri Hart              | GMKW        | 27.10          | <b>50 Free</b>    | 24.44    | GMKW | Mark Beatty     |
| Beth McGee              | SAMS        | 1:02.10        | <b>100 Free</b>   | 52.96    | AWJ  | Lorenzo Benucci |
| Beth McGee              | SAMS        | 2:19.71        | <b>200 free</b>   | 1:59.33  | AWJ  | Lorenzo Benucci |
| Charlotte Iannacone     | GAM         | 4:53.39        | <b>400 Free</b>   | 4:20.09  | ART  | Steve Mortimer  |
| Anna DeLozier           | WRA         | 10:24.56       | <b>800 Free</b>   | 9:12.04  | SAMS | Matthew Bailey  |
| Anna DeLozier           | WRA         | 19:36.80       | <b>1500 Free</b>  | 17:24.63 | SAMS | Matthew Bailey  |
| Sheri Hart              | GMKW        | 30.15*         | <b>50 Back</b>    | 27.28    | DYNA | Eric Ericson    |
| Sheri Hart              | GMKW        | 1:03.48*       | <b>100 Back</b>   | 57.66    | DYNA | Eric Ericson    |
| Anna DeLozier           | WRA         | 2:48.95        | <b>200 Back</b>   | 2:08.26  | DYNA | Eric Ericson    |
| <b>Margaret Swanson</b> | <b>SAVM</b> | <b>36.77</b>   | <b>50 Breast</b>  | 30.18    | DYNA | Chris Weissman  |
| <b>Margaret Swanson</b> | <b>SAVM</b> | <b>1:21.23</b> | <b>100 Breast</b> | 1:06.21  | DYNA | Chris Weissman  |
| <b>Susan Cochran</b>    | <b>ABSC</b> | <b>2:58.19</b> | <b>200 Breast</b> | 2:28.17  | DYNA | Chris Weissman  |
| Sheri Hart              | GMKW        | 30.99          | <b>50 Fly</b>     | 26.67    | AWJ  | Nei-Kuan Chia   |
| Caryl Barrett           | CONC        | 1:14.95        | <b>100 Fly</b>    | 58.75    | AWJ  | Nei-Kuan Chia   |
| Anna DeLozier           | WRA         | 2:55.59        | <b>200 Fly</b>    | 2:20.52  | ART  | Steve Mortimer  |
| Sheri Hart              | GMKW        | 1:06.91        | <b>100 IM</b>     | 1:00.44  | AWJ  | Lorenzo Benucci |
| <b>Laura Templin</b>    | <b>ABSC</b> | <b>2:42.33</b> | <b>200 IM</b>     | 2:09.46  | AWJ  | Lorenzo Benucci |
| Anna DeLozier           | WRA         | 5:47.22        | <b>400 IM</b>     | 4:44.06  | AWJ  | Lorenzo Benucci |

| Women               |      |          | 45 - 49           |          | Men  |                |
|---------------------|------|----------|-------------------|----------|------|----------------|
| Penny Noyes         | DYNA | 28.63    | <b>50 Free</b>    | 24.25    | AWJ  | Steve Wood     |
| Penny Noyes         | DYNA | 1:05.99  | <b>100 Free</b>   | 54.43    | GMKW | Mark Beatty    |
| Marianne Countryman | GMKW | 2:26.58  | <b>200 free</b>   | 2:01.47  | DYNA | Bob Bugg       |
| Marianne Countryman | GMKW | 5:05.53  | <b>400 Free</b>   | 4:22.91  | DYNA | Bob Bugg       |
| Marianne Countryman | GMKW | 10:19.64 | <b>800 Free</b>   | 9:04.21  | AWJ  | Matthew Bailey |
| Marianne Countryman | GMKW | 19:29.97 | <b>1500 Free</b>  | 17:13.73 | AWJ  | Matthew Bailey |
| Penny Noyes         | DYNA | 34.01    | <b>50 Back</b>    | 29.40    | GMKW | Mark Beatty    |
| Penny Noyes         | DYNA | 1:14.75  | <b>100 Back</b>   | 1:00.16  | AWJ  | Steve Wood     |
| Maria Vazquez       | DYNA | 2:41.60  | <b>200 Back</b>   | 2:18.27  | ART  | Steve Mortimer |
| Maria Vazquez       | DYNA | 40.37    | <b>50 Breast</b>  | 29.85    | DYNA | Chris Weissman |
| Patricia Mattson    | DYNA | 1:28.14  | <b>100 Breast</b> | 1:04.69  | DYNA | Chris Weissman |
| Maria Vazquez       | DYNA | 3:11.23  | <b>200 Breast</b> | 2:29.89  | DYNA | Chris Weissman |
| Penny Noyes         | GAJA | 33.03    | <b>50 Fly</b>     | 26.43    | GMKW | Mark Beatty    |
| Marianne Countryman | GMKW | 1:13.47  | <b>100 Fly</b>    | 58.65    | GMKW | Mark Beatty    |
| Marianne Countryman | GMKW | 2:44.32  | <b>200 Fly</b>    | 2:30.73  | GMKW | Dan Beatty     |
| Penny Noyes         | DYNA | 1:15.30  | <b>100 IM</b>     | 1:01.67  | DYNA | Chris Weissman |
| Marianne Countryman | GMKW | 2:45.26  | <b>200 IM</b>     | 2:14.17  | DYNA | Chris Weissman |
| Marianne Countryman | GMKW | 5:46.32  | <b>400 IM</b>     | 5:06.97  | GMKW | Dan Beatty     |

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## Short Course Meters State Records

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| Women              |      |          | 50 - 54           |          |      | Men |                |  |
|--------------------|------|----------|-------------------|----------|------|-----|----------------|--|
| Beth McGee         | SAMS | 29.38    | <b>50 Free</b>    | 25.35    | DYNA |     | Bob Bugg       |  |
| Beth McGee         | SAMS | 1:03.80  | <b>100 Free</b>   | 53.87    | DYNA |     | Bob Bugg       |  |
| Mariann Countryman | GMKW | 2:26.61  | <b>200 free</b>   | 1:56.75  | DYNA |     | Bob Bugg       |  |
| Mariann Countryman | GMKW | 5:11.00  | <b>400 Free</b>   | 4:12.12  | DYNA |     | Bob Bugg       |  |
| Mariann Countryman | AWJ  | 10:25.63 | <b>800 Free</b>   | 9:55.13  | GMKW |     | Dan Beatty     |  |
| Mariann Countryman | GMKW | 19:54.38 | <b>1500 Free</b>  | 21:27.02 | GMKW |     | William Lotz   |  |
| Maria Vazquez      | DYNA | 35.76    | <b>50 Back</b>    | 30.78    | GMKW |     | Dan Beatty     |  |
| Maria Vazquez      | DYNA | 1:15.99  | <b>100 Back</b>   | 1:08.17  | DYNA |     | Bob Bugg       |  |
| Maria Vazquez      | DYNA | 2:41.62  | <b>200 Back</b>   | 2:28.61  | GMKW |     | Dan Beatty     |  |
| Ann Colloton       | AWJ  | 39.32    | <b>50 Breast</b>  | 31.22    | UNAT |     | Mark Schremmer |  |
| Ann Colloton       | AWJ  | 1:25.69  | <b>100 Breast</b> | 1:10.02  | UNAT |     | Mark Schremmer |  |
| Ann Colloton       | AWJ  | 3:05.30  | <b>200 Breast</b> | 2:37.91  | SAMS |     | David Jacobson |  |
| Beth McGee         | SAMS | 33.69    | <b>50 Fly</b>     | 28.98    | GMKW |     | Dan Beatty     |  |
| Mariann Countryman | GMKW | 1:15.91  | <b>100 Fly</b>    | 1:00.99  | DYNA |     | Bob Bugg       |  |
| Mariann Countryman | GMKW | 2:49.25  | <b>200 Fly</b>    | 2:36.38  | GMKW |     | Dan Beatty     |  |
| Pam Rogan          | ABSC | 1:19.37  | <b>100 IM</b>     | 1:04.81  | SAMS |     | David Jacobson |  |
| Ann Colloton       | AWJ  | 2:46.73  | <b>200 IM</b>     | 2:20.18  | SAMS |     | David Jacobson |  |
| Mariann Countryman | GMKW | 5:50.46  | <b>400 IM</b>     | 5:02.97  | SAMS |     | David Jacobson |  |

| Women                      |             |                | 55 - 59           |          |      | Men |                   |  |
|----------------------------|-------------|----------------|-------------------|----------|------|-----|-------------------|--|
| <b>Pam Rogan</b>           | <b>ABSC</b> | <b>30.64</b>   | <b>50 Free</b>    | 26.49    | AWJ  |     | Andy Dyer         |  |
| <b>Pam Rogan</b>           | <b>ABSC</b> | <b>1:05.90</b> | <b>100 Free</b>   | 55.40    | RAYS |     | Michael Soderlund |  |
| Francine Williamson        | GMKW        | 2:32.29        | <b>200 free</b>   | 2:12.90  | AWJ  |     | Andy Dyer         |  |
| Marianne Countryman        | AWJ         | 5:15.69        | <b>400 Free</b>   | 4:47.49  | AWJ  |     | Andy Dyer         |  |
| Marianne Countryman        | AWJ         | 10:33.35       | <b>800 Free</b>   | 9:57.27  | GMKW |     | Dan Beatty        |  |
| Marianne Countryman        | AWJ         | 20:01.44       | <b>1500 Free</b>  | 19:08.95 | GMKW |     | Dan Beatty        |  |
| Patricia Constantino       | DYNA        | 38.83          | <b>50 Back</b>    | 31.76    | GMKW |     | Dan Beatty        |  |
| Jan Weeks                  | RAY         | 1:18.32        | <b>100 Back</b>   | 1:08.11  | GMKW |     | Dan Beatty        |  |
| Jan Weeks                  | RAY         | 2:53.89        | <b>200 Back</b>   | 2:18.37  | RAYS |     | Michael Soderlund |  |
| Patricia Constantino       | DYNA        | 41.18          | <b>50 Breast</b>  | 32.29    | AWJ  |     | Andy Dyer         |  |
| Skippy Mattson             | DYNA        | 1:29.47        | <b>100 Breast</b> | 1:12.79  | AWJ  |     | Andy Dyer         |  |
| Skippy Mattson             | DYNA        | 3:17.87        | <b>200 Breast</b> | 2:42.19  | AWJ  |     | Andy Dyer         |  |
| <b>Marianne Countryman</b> | <b>AWJ</b>  | <b>36.84</b>   | <b>50 Fly</b>     | 29.35    | GMKW |     | David Hildebrandt |  |
| Marianne Countryman        | AWJ         | 1:26.13        | <b>100 Fly</b>    | 1:06.17  | GMKW |     | Dan Beatty        |  |
| Marianne Countryman        | AWJ         | 3:02.32        | <b>200 Fly</b>    | 2:39.61  | GMKW |     | Dan Beatty        |  |
| <b>Pam Rogan</b>           | <b>ABSC</b> | <b>1:19.67</b> | <b>100 IM</b>     | 1:06.66  | AWJ  |     | Andy Dyer         |  |
| <b>Pam Rogan</b>           | <b>ABSC</b> | <b>2:51.85</b> | <b>200 IM</b>     | 2:27.32  | AWJ  |     | Andy Dyer         |  |
| Marianne Countryman        | AWJ         | 6:11.80        | <b>400 IM</b>     | 5:15.47  | GMKW |     | Dan Beatty        |  |

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## Short Course Meters State Records

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| Women           |      |          | 60 - 64           |          |      | Men |                   |  |
|-----------------|------|----------|-------------------|----------|------|-----|-------------------|--|
| Jennifer Almand | GMKW | 34.29    | <b>50 Free</b>    | 27.26    | AWJ  |     | Andy Dyer         |  |
| Ann Lyttle      | GMKW | 1:16.43  | <b>100 Free</b>   | 1:00.39  | AWJ  |     | Andy Dyer         |  |
| Ann Lyttle      | GMKW | 2:46.06  | <b>200 free</b>   | 2:16.40  | AWJ  |     | Andy Dyer         |  |
| Ann Lyttle      | GMKW | 5:51.27  | <b>400 Free</b>   | 4:53.82  | AWJ  |     | Andy Dyer         |  |
| Ginger Penn     | GMKW | 12:44.32 | <b>800 Free</b>   | 10:58.18 | ABSC |     | Tim Erickson      |  |
| Ginger Penn     | GMKW | 25:09.82 | <b>1500 Free</b>  | 20:59.74 | ABSC |     | Tim Erickson      |  |
| Margo Schneider | GMKW | 42.91    | <b>50 Back</b>    | 33.01    | GMKW |     | David Hildebrandt |  |
| Ginger Penn     | GMKW | 1:38.91  | <b>100 Back</b>   | 1:14.89  | GMKW |     | David Hildebrandt |  |
| Ginger Penn     | GMKW | 3:32.46  | <b>200 Back</b>   | 2:39.08  | AWJ  |     | Andy Dyer         |  |
| Jennifer Almand | GMKW | 43.14    | <b>50 Breast</b>  | 33.20    | AWJ  |     | Andy Dyer         |  |
| Jennifer Almand | GMKW | 1:35.42  | <b>100 Breast</b> | 1:14.51  | AWJ  |     | Andy Dyer         |  |
| Jennifer Almand | GMKW | 3:25.25  | <b>200 Breast</b> | 2:48.69  | AWJ  |     | Andy Dyer         |  |
| Jan Johnston    | GMKW | 45.84    | <b>50 Fly</b>     | 29.50    | GMKW |     | David Hildebrandt |  |
| Ginger Penn     | GMKW | 1:50.73  | <b>100 Fly</b>    | 1:09.06  | GMKW |     | David Hildebrandt |  |
| Ginger Penn     | GMKW | 4:06.78  | <b>200 Fly</b>    | 2:51.52  | AWJ  |     | Andy Dyer         |  |
| Jennifer Almand | GMKW | 1:27.10  | <b>100 IM</b>     | 1:07.98  | AWJ  |     | Andy Dyer         |  |
| Ginger Penn     | GMKW | 3:39.11  | <b>200 IM</b>     | 2:33.32  | AWJ  |     | Andy Dyer         |  |
| Ginger Penn     | GMKW | 7:25.29  | <b>400 IM</b>     | 5:44.99  | AWJ  |     | Andy Dyer         |  |

| Women                    |             |                | 65 - 69           |                 |            | Men |                   |  |
|--------------------------|-------------|----------------|-------------------|-----------------|------------|-----|-------------------|--|
| Diann Uustal             | UC45        | 33.04          | <b>50 Free</b>    | <b>28.49</b>    | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Francine Williamson      | GMKW        | 1:12.99        | <b>100 Free</b>   | <b>1:03.07</b>  | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Francine Williamson      | GMKW        | 2:41.90        | <b>200 free</b>   | <b>2:21.94</b>  | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Francine Williamson      | GMKW        | 5:51.17        | <b>400 Free</b>   | <b>5:26.05</b>  | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Bitsy Aldrich            | GMKW        | 13:41.41       | <b>800 Free</b>   | <b>10:56.23</b> | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Sue Ottosen              | GMKW        | 39:23.45       | <b>1500 Free</b>  | <b>20:32.16</b> | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Diann Uustal             | GMKW        | 37.02          | <b>50 Back</b>    | 34.57           | AWJ        |     | David Hildebrandt |  |
| Diann Uustal             | UC45        | 1:20.56        | <b>100 Back</b>   | 1:16.53         | AWJ        |     | David Hildebrandt |  |
| Leslie Landey            | SAMS        | 3:24.35        | <b>200 Back</b>   | 2:52.99         | GMKW       |     | Joe Reid          |  |
| Diann Uustal             | GMKW        | 43.53          | <b>50 Breast</b>  | <b>35.39</b>    | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| <b>Patricia Harrison</b> | <b>SAMS</b> | <b>1:48.80</b> | <b>100 Breast</b> | <b>1:17.49</b>  | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Dale Morine              | GMKW        | 4:34.00        | <b>200 Breast</b> | <b>2:57.02</b>  | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Diann Uustal             | GMKW        | 34.53          | <b>50 Fly</b>     | <b>31.06</b>    | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Diann Uustal             | GMKW        | 1:27.32        | <b>100 Fly</b>    | 1:12.62         | AWJ        |     | David Hildebrandt |  |
| Ginger Penn              | UC45        | 4:46.92        | <b>200 Fly</b>    | <b>3:17.10</b>  | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Diann Uustal             | GMKW        | 1:21.72        | <b>100 IM</b>     | <b>1:10.49</b>  | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Diann Uustal             | GMKW        | 3:06.34        | <b>200 IM</b>     | <b>2:35.36</b>  | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |
| Ginger Penn              | UC45        | 8:14.32        | <b>400 IM</b>     | <b>5:44.66</b>  | <b>AWJ</b> |     | <b>Andy Dyer</b>  |  |

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## Short Course Meters State Records

Updated December 13, 2023 Corrected

| Women                     |             |                | 70 - 74           |                |             | Men                |  |  |
|---------------------------|-------------|----------------|-------------------|----------------|-------------|--------------------|--|--|
| Margo Schneider           | GMKW        | 40.97          | <b>50 Free</b>    | <b>29.71</b>   | <b>GMKW</b> | <b>Ted Hammond</b> |  |  |
| Margo Schneider           | GMKW        | 1:33.05        | <b>100 Free</b>   | <b>1:06.95</b> | <b>GMKW</b> | <b>Ted Hammond</b> |  |  |
| Margo Schneider           | GMKW        | 3:29.80        | <b>200 free</b>   | 2:55.73        | SAVM        | Mickey McCollum    |  |  |
| Mary Lou Stephens         | GIST        | 7:57.75        | <b>400 Free</b>   | 6:04.07        | HURM        | Michael Fox        |  |  |
| Mary Lou Stephens         | GIST        | 15:56.44       | <b>800 Free</b>   | 12:19.42       | HURM        | Michael Fox        |  |  |
| Mary Lou Stephens         | GIST        | 30:09.28       | <b>1500 Free</b>  | 23:09.41       | HURM        | Michael Fox        |  |  |
| Leslie Landey             | RAYS        | 44.28          | <b>50 Back</b>    | 37.35          | GMKW        | Joe Reid           |  |  |
| Leslie Landey             | RAYS        | 1:35.94        | <b>100 Back</b>   | 1:19.75        | GMKW        | Joe Reid           |  |  |
| Sue Ottosen               | GMKW        | 5:07.27        | <b>200 Back</b>   | 2:59.06        | GMKW        | Joe Reid           |  |  |
| Bette Grotke              | GMKW        | 56.36          | <b>50 Breast</b>  | 41.76          | GMKW        | Joe Reid           |  |  |
| Bette Grotke              | GMKW        | 2:01.77        | <b>100 Breast</b> | 1:35.23        | GMKW        | Joe Reid           |  |  |
| <b>Francoise Levinson</b> | <b>CPAC</b> | <b>4:31.62</b> | <b>200 Breast</b> | 3:44.39        | GMKW        | John Zeigler       |  |  |
| Priscilla Callaway        | GMKW        | 1:10.86        | <b>50 Fly</b>     | <b>34.64</b>   | <b>GMKW</b> | <b>Ted Hammond</b> |  |  |
|                           |             |                | <b>100 Fly</b>    | 1:37.42        | HURM        | Michael Fox        |  |  |
|                           |             |                | <b>200 Fly</b>    | 3:37.33        | HURM        | Michael Fox        |  |  |
| Dodi Thomas               | WCYGF       | 2:19.69        | <b>100 IM</b>     | 1:28.63        | HURM        | Michael Fox        |  |  |
| Sue Ottosen               | GMKW        | 5:28.89        | <b>200 IM</b>     | 3:14.61        | HURM        | Michael Fox        |  |  |
|                           |             |                | <b>400 IM</b>     | 6:55.05        | HURM        | Michael Fox        |  |  |

| Women        |      |          | 75 - 79           |                |            | Men             |  |  |
|--------------|------|----------|-------------------|----------------|------------|-----------------|--|--|
| Sally Newell | GMKW | 43.79    | <b>50 Free</b>    | 35.00          | GMKW       | David Miller    |  |  |
| Sally Newell | GMKW | 1:48.08  | <b>100 Free</b>   | 1:19.41        | GMKW       | David Miller    |  |  |
| Sally Newell | GMKW | 3:56.04  | <b>200 free</b>   | 3:07.21        | GMKW       | David Miller    |  |  |
| Nana Whalen  | SAVM | 8:48.62  | <b>400 Free</b>   | 6:45.25        | GMKW       | Hal Stolz       |  |  |
| Nana Whalen  | SAVM | 17:53.85 | <b>800 Free</b>   | 14:33.08       | GMKW       | Hal Stolz       |  |  |
| Nana Whalen  | SAVM | 34:04.08 | <b>1500 Free</b>  | 27:21.99       | GMKW       | Hal Stolz       |  |  |
| Sally Newell | GMKW | 56.33    | <b>50 Back</b>    | <b>41.49</b>   | <b>AWJ</b> | <b>Joe Reid</b> |  |  |
| Sally Newell | GMKW | 2:01.83  | <b>100 Back</b>   | <b>1:28.69</b> | <b>AWJ</b> | <b>Joe Reid</b> |  |  |
| Sally Newell | GMKW | 4:15.66  | <b>200 Back</b>   | <b>3:11.01</b> | <b>AWJ</b> | <b>Joe Reid</b> |  |  |
| Sally Newell | GMKW | 55.69    | <b>50 Breast</b>  | 45.07          | GMKW       | Hal Stolz       |  |  |
| Sally Newell | GMKW | 2:04.35  | <b>100 Breast</b> | 1:39.85        | GMKW       | Hal Stolz       |  |  |
| Sally Newell | GMKW | 4:30.97  | <b>200 Breast</b> | 3:37.79        | GMKW       | Hal Stolz       |  |  |
| Sally Newell | GMKW | 1:03.72  | <b>50 Fly</b>     | 43.69          | GMKW       | Hal Stolz       |  |  |
| Nana Whalen  | SAVM | 2:54.96  | <b>100 Fly</b>    | 1:46.08        | GMKW       | Hal Stolz       |  |  |
|              |      |          | <b>200 Fly</b>    | 4:26.58        | GMKW       | John Zeigler    |  |  |
| Sally Newell | GMKW | 2:00.75  | <b>100 IM</b>     | <b>1:33.69</b> | <b>AWJ</b> | <b>Joe Reid</b> |  |  |
| Nana Whalen  | SAVM | 5:10.46  | <b>200 IM</b>     | 3:43.66        | GMKW       | Hal Stolz       |  |  |
| Nana Whalen  | SAVM | 11:10.71 | <b>400 IM</b>     | 7:42.74        | GMKW       | Hal Stolz       |  |  |

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## Short Course Meters State Records

Updated December 13, 2023 Corrected

| Women                 |             |                 | 80 - 84           |          | Men  |  |                 |
|-----------------------|-------------|-----------------|-------------------|----------|------|--|-----------------|
| Sally Newell          | GMKW        | 53.74           | <b>50 Free</b>    | 34.19    | GMKW |  | Clarke Mitchell |
| Sally Newell          | GMKW        | 1:56.75         | <b>100 Free</b>   | 1:19.90  | GMKW |  | Clarke Mitchell |
| Sally Newell          | GMKW        | 4:12.37         | <b>200 free</b>   | 3:18.60  | GMKW |  | Irwin Stolz     |
| Sally Newell          | GMKW        | 9:02.12         | <b>400 Free</b>   | 7:08.79  | GMKW |  | Irwin Stolz     |
| <b>Bentley Marane</b> | <b>DYNA</b> | <b>19:08.03</b> | <b>800 Free</b>   | 14:35.77 | GMKW |  | Irwin Stolz     |
| June Baima            | DYNA        | 40:45.42        | <b>1500 Free</b>  | 27:39.31 | GMKW |  | Irwin Stolz     |
| Rocio Lancaster       | GMKW        | 1:05.49         | <b>50 Back</b>    | 38.62    | GMKW |  | Clarke Mitchell |
| Sally Newell          | GMKW        | 2:17.93         | <b>100 Back</b>   | 1:28.47  | GMKW |  | Clarke Mitchell |
| Sally Newell          | GMKW        | 4:55.20         | <b>200 Back</b>   | 3:44.39  | GMKW |  | Clarke Mitchell |
| Sally Newell          | GMKW        | 1:03.22         | <b>50 Breast</b>  | 45.36    | GMKW |  | Hal Stolz       |
| Sally Newell          | GMKW        | 2:25.55         | <b>100 Breast</b> | 1:42.90  | GMKW |  | Hal Stolz       |
| Sally Newell          | GMKW        | 5:13.64         | <b>200 Breast</b> | 4:12.28  | GMKW |  | Hal Stolz       |
|                       |             |                 | <b>50 Fly</b>     | 38.92    | GMKW |  | Clarke Mitchell |
| <b>Sue Ottosen</b>    | <b>GMKW</b> | <b>4:01.30</b>  | <b>100 Fly</b>    | 1:51.26  | GMKW |  | Hal Stolz       |
|                       |             |                 | <b>200 Fly</b>    | 4:25.23  | GMKW |  | Hal Stolz       |
|                       |             |                 | <b>100 IM</b>     | 1:31.72  | GMKW |  | Clarke Mitchell |
|                       |             |                 | <b>200 IM</b>     | 3:49.68  | GMKW |  | Hal Stolz       |
|                       |             |                 | <b>400 IM</b>     | 8:45.82  | GMKW |  | Hal Stolz       |

| Women      |      |          | 85 - 89           |          | Men  |  |                 |
|------------|------|----------|-------------------|----------|------|--|-----------------|
| June Baima | GMKW | 1:17.72  | <b>50 Free</b>    | 37.18    | GMKW |  | Clarke Mitchell |
| June Baima | GMKW | 2:40.93  | <b>100 Free</b>   | 1:32.02  | UC45 |  | Clarke Mitchell |
| June Baima | GMKW | 5:50.43  | <b>200 free</b>   | 3:59.10  | GMKW |  | Irwin Stolz     |
| June Baima | GMKW | 11:48.70 | <b>400 Free</b>   | 8:09.58  | GMKW |  | Irwin Stolz     |
| June Baima | GMKW | 23:37.92 | <b>800 Free</b>   | 17:08.96 | GMKW |  | Irwin Stolz     |
|            |      |          | <b>1500 Free</b>  | 32:23.51 | GMKW |  | Irwin Stolz     |
| June Baima | GMKW | 1:25.50  | <b>50 Back</b>    | 41.75    | GMKW |  | Clarke Mitchell |
|            |      |          | <b>100 Back</b>   | 1:32.98  | GMKW |  | Clarke Mitchell |
|            |      |          | <b>200 Back</b>   | 9:30.20  | GMKW |  | Billy Mann      |
|            |      |          | <b>50 Breast</b>  | 51.70    | GMKW |  | Albert Wood     |
|            |      |          | <b>100 Breast</b> | 2:03.86  | GMKW |  | Albert Wood     |
|            |      |          | <b>200 Breast</b> | 4:45.07  | GMKW |  | Albert Wood     |
|            |      |          | <b>50 Fly</b>     | 45.36    | GMKW |  | Clarke Mitchell |
|            |      |          | <b>100 Fly</b>    |          |      |  |                 |
|            |      |          | <b>200 Fly</b>    |          |      |  |                 |
|            |      |          | <b>100 IM</b>     | 1:41.31  | UC45 |  | Clarke Mitchell |
|            |      |          | <b>200 IM</b>     |          |      |  |                 |
|            |      |          | <b>400 IM</b>     |          |      |  |                 |

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## Short Course Meters State Records

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| Women | 90-94 |               |                   | Men                     |
|-------|-------|---------------|-------------------|-------------------------|
|       |       |               | <b>50 Free</b>    | 54.97 GMKW Albert Woods |
|       |       |               | <b>100 Free</b>   |                         |
|       |       |               | <b>200 free</b>   |                         |
|       |       |               | <b>400 Free</b>   |                         |
|       |       |               | <b>800 Free</b>   |                         |
|       |       |               | <b>1500 Free</b>  |                         |
|       |       |               | <b>50 Back</b>    |                         |
|       |       |               | <b>100 Back</b>   |                         |
|       |       |               | <b>200 Back</b>   |                         |
|       |       |               | <b>50 Breast</b>  |                         |
|       |       | 1:02.07 GMKW  | <b>100 Breast</b> | Albert Woods            |
|       |       | *2:32.84 GMKW | <b>200 Breast</b> | Albert Woods            |
|       |       |               | <b>50 Fly</b>     |                         |
|       |       |               | <b>100 Fly</b>    |                         |
|       |       |               | <b>200 Fly</b>    |                         |
|       |       |               | <b>100 IM</b>     |                         |
|       |       |               | <b>200 IM</b>     |                         |
|       |       |               | <b>400 IM</b>     |                         |

| Women        | 95-99 |           |                   | Men |
|--------------|-------|-----------|-------------------|-----|
|              |       |           | <b>50 Free</b>    |     |
| Anne Dunivin | GMKW  | 4:41.51   | <b>100 Free</b>   |     |
| Anne Dunivin | GMKW  | 10:33.89  | <b>200 free</b>   |     |
| Anne Dunivin | GMKW  | *21:39.84 | <b>400 Free</b>   |     |
|              |       |           | <b>800 Free</b>   |     |
|              |       |           | <b>1500 Free</b>  |     |
| Anne Dunivin | GMKW  | 2:36.71   | <b>50 Back</b>    |     |
|              |       |           | <b>100 Back</b>   |     |
|              |       |           | <b>200 Back</b>   |     |
|              |       |           | <b>50 Breast</b>  |     |
|              |       |           | <b>100 Breast</b> |     |
|              |       |           | <b>200 Breast</b> |     |
|              |       |           | <b>50 Fly</b>     |     |
|              |       |           | <b>100 Fly</b>    |     |
|              |       |           | <b>200 Fly</b>    |     |
|              |       |           | <b>100 IM</b>     |     |
|              |       |           | <b>200 IM</b>     |     |
|              |       |           | <b>400 IM</b>     |     |

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