



Long Course Meters State Records

Updated August 14, 2023

* USMS Record

** World Record

Women			18 - 24			Men
J. Martin	BRYB	28.31	50 Free	23.49	SSS	Noah Copeland
Alyson Kaywork	DYNA	28.31	Tie			
Shelby Hixon	RAY	1:00.82	100 Free	*50.54	SSS	Noah Copeland
Shelby Hixon	RAY	2:11.86	200 free	1:53.78	SSS	Noah Copeland
Anastacia Vazhenin	GAJA	5:00.39	400 Free	4:20.05	ART	David Spires
J.Martin	BRYB	10:40.14	800 Free	9:45.65	AWJ	Scott Brown
Clare Schepens	GAS	20:16.66	1500 free	17:23.27	ART	David Spires
Alyson Kaywork	DYNA	33.95	50 Back	27.56	SSS	Noah Copeland
Anastacia Vazhenin	GAJA	1:10.06	100 Back	1:01.80	ART	Marc Herbert
Huley Chura (AR)	DYNA	2:16.06	200 Back	2:37.48	ART	Young Jeong
E. Nelson	DYNA	33.66	50 Breast	30.94	SAVM	Kenneth Chism
E. Nelson	DYNA	1:13.62	100 Breast	1:18.38	ART	A. Nardis
Caitie Curran	DYNA	2:58.35	200 Breast	2:36.34	SAVM	Kenneth Chism
K.Kochman	GMKW	30.03	50 Fly	*24.83	SSS	Noah Copeland
Katie Kochman	GMKW	1:09.51	100 Fly	*55.52	SSS	Noah Copeland
Shelby Hixon	RAY	2:41.35	200 Fly	2:16.09	ART	David Spires
Shelby Hixon	RAY	2:28.81	200 IM	2:17.55	ART	David Spires
Shelby Hixon	RAY	5:32.45	400 IM	4:51.35	ART	David Spires

Women			25 - 29			Men
Britta O'Leary	AWJ	27.01	50 Free	24.19	DYNA	Paul Buren
Britta O'Leary	AWJ	59.42	100 Free	55.16	GAKW	I Vazhenin
Britta O'Leary	AWJ	2:13.90	200 free	2:00.12	DYNA	I Vazhenin
Britta O'Leary	AWJ	4:45.08	400 Free	4:22.18	DYNA	I Vazhenin
C. Brun	GMKW	10:21.04	800 Free	9:22.18	GMKW	D. Goerke
Beth Gardner	GAM	19:44.20	1500 free	17:53.57	GAM	D. Goerke
Pam Hanson	GAJA	31.05	50 Back	29.25	DYNA	Scott Ayer
Britta O'Leary	AWJ	1:06.59	100 Back	1:04.11	DYNA	Scott Ayer
Pam Hanson	GAJA	2:24.15	200 Back	2:24.61	DYNA	Scott Ayer
Elizabeth Roberts	CER	32.23	50 Breast	31.30	ART	Yakir Malul
Elizabeth Roberts	CER	1:10.44	100 Breast	1:11.63	ART	Yakir Malul
Britta O'Leary (AR)	AWJ	*2:39.40	200 Breast	2:41.04	GAJA	Scott Finney
Jamie Christy	DYNA	30.14	50 Fly	26.17	DYNA	Paul Buren
Leah Gingrich	HURM	1:04.67	100 Fly	59.74	GAKW	I Vazhenin
Leah Gingrich	HURM	2:23.55	200 Fly	2:13.03	DYNA	I Vazhenin
Britta O'Leary	AWJ	2:22.92	200 IM	2:18.33	ART	L.Benucci
Britta O'Leary	AWJ	5:16.72	400 IM	4:59.45	GAJA	C. Devooght

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Women			30 - 34		Men	
Angel Martino (WR)	UNAT	26.25	50 Free	22.08	UNAT	Sabir Muhammed
Angel Martino (WR)	UNAT	57.09	100 Free	54.78	GAJA	E. Cornell
Megan Melgaard	DYNA	2:06.91	200 free	1:59.97	DYNA	I Vazhenin
Megan Melgaard	DYNA	4:26.50	400 Free	4:20.10	DYNA	I Vazhenin
R. Belcher	GMKW	10:32.08	800 Free	9:13.36	GAJA	I. Vazhenin
P. Mattson	GAM	20:12.95	1500 free	17:46.01	GAM	D.Goerke
Angel Martino	UNAT	31.69	50 Back	28.37	UNAT	Nick Markey
Megan Melgaard	DYNA	1:06.81	100 Back	1:03.57	GMKW	Todd Weyandt
Megan Melgaard	DYNA	2:24.25	200 Back	2:21.77	GAM	C. Clafin
Melissa Massey	RAY	37.91	50 Breast	31.25	UNAT	Nick Markey
Britta O'Leary	AWJ	1:15.61	100 Breast	1:15.07	GMKW	T. Northcut
Britta O'Leary	AWJ	2:42.43	200 Breast	2:52.37	DELTA	J. Reid
Angel Martino (WR)	UNAT	27.59	50 Fly	26.68	UNAT	Nick Markey
Angel Martino (WR)	UNAT	1:00.03	100 Fly	59.14	DYNA	I. Vazhenin
Megan Melgaard	AWJ	2:28.57	200 Fly	2:12.20	DYNA	I. Vazhenin
Britta O'Leary	AWJ	2:25.59	200 IM	2:18.42	DYNA	I. Vazhenin
Laura Mathews	ARP	5:45.88	400 IM	5:13.83	BRYB	Carlton Devooght

Women			35 - 39		Men	
Britta O'Leary	AWJ	27.56	50 Free	23.29	DAQM	Sabir Muhammad
Britta O'Leary	AWJ	59.63	100 Free	54.20	AWJ	Lorenzo Benucci
L. Welting	GAJA	2:12.13	200 free	2:01.61	AWJ	Lorenzo Benucci
L. Welting	GAJA	4:40.19	400 Free	4:23.39	GAJA	I. Vazhenin
Kristina Ulveling	SAMS	9:32.88	800 Free	9:09.18	GAJA	I. Vazhenin
Vesna Shelnutt	ATLY	18:40.54	1500 free	18:40.82	GAJA	Igor Vazhenin
B. Gardner	GAJA	33.39	50 Back	28.04	GAJA	E.Ericson
Britta O'Leary	AWJ	1:10.87	100 Back	**59.91	GAJA	E. Ericson
Megan Melgaard	AWJ	2:29.84	200 Back	2:14.72	AWJ	Steve Mortimer
Britta O'Leary	AWJ	35.38	50 Breast	30.91	GIST	Byron Shefchik
Britta O'Leary	AWJ	1:14.88	100 Breast	1:08.61	AWJ	Lorenzo Benucci
Britta O'Leary	AWJ	2:40.93	200 Breast	2:29.95	GIST	Byron Shefchik
Kristina Ulveling	SAMS	28.75	50 Fly	26.02	AWJ	Steve Mortimer
Kristina Ulveling	SAMS	1:03.97	100 Fly	58.26	AWJ	Steve Mortimer
Vesna Shelnutt	ATLY	2:26.63	200 Fly	2:18.13	GAJA	I. Vazhenin
Britta O'Leary	AWJ	2:25.44	200 IM	2:15.35	AWJ	Steve Mortimer
Britta O'Leary	AWJ	5:22.00	400 IM	4:56.75	AWJ	Lorenzo Benucci

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Women			40 - 44			Men
Laura Templin	ABSC	28.83	50 Free	25.11	GOLD	Matthew Mills
Beth McGee	SAMS	1:03.46	100 Free	54.87	AWJ	Lorenzo Benucci
Beth McGee	GAJA	2:19.61	200 free	2:03.61	AWJ	Lorenzo Benucci
Beth McGee	SAMS	5:07.07	400 Free	4:28.50	GAJA	K. Berryhill
Anna DeLozier	WRA	10:27.74	800 Free	9:24.50	GAJA	Matthew Bailey
Anna DeLozier	GAJA	20:16.71	1500 free	17:51.94	GAJA	K. Berryhill
Anna DeLozier	WRA	36.15	50 Back	29.96	AWJ	Nei-Kuan Chia
Anna DeLozier	WRA	1:16.75	100 Back	1:03.49	AWJ	Nei-Kuan Chia
Anna DeLozier	WRA	2:48.69	200 Back	2:21.07	AWJ	Nei-Kuan Chia
Laura Templin	ABSC	35.71	50 Breast	30.91	LINS	D. Malcolm
Laura Templin	ABSC	1:22.80	100 Breast	1:09.47	LINS	D. Malcolm
Susan Cochran	GAJA	3:05.77	200 Breast	2:38.09	LINS	D. Malcolm
Laura Templin	ABSC	30.72	50 Fly	26.94	GMKW	Mark Beatty
Linda Downing	SAVM	1:18.64	100 Fly	1:00.46	GMKW	Mark Beatty
Anna DeLozier	WRA	3:03.54	200 Fly	2:22.29	GAS	Tom Northcutt
Anna DeLozier	WRA	2:44.24	200 IM	2:14.39	AWJ	Lorenzo Benucci
Anna DeLozier	WRA	5:52.80	400 IM	4:50.97	AWJ	Lorenzo Benucci

Women			45 - 49			Men
P. Noyes	GAJA	28.54	50 Free	24.40	AWJ	Steve Wood
P. Noyes	GAJA	1:04.08	100 Free	55.39	RAY	Michael Soderlund
Beth McGee	SAMS	2:24.85	200 free	2:01.99	GAJA	Bob Bugg
Marianne Countryman	GMKW	5:04.38	400 Free	4:30.75	RAY	Keith Berryhill
Marianne Countryman	GMKW	10:21.64	800 Free	9:29.71	RAY	Keith Berryhill
Marianne Countryman	GMKW	19:36.13	1500 free	18:00.48	GAJA	Keith Berryhill
P. Noyes	GAJA	33.43	50 Back	28.05	AWJ	Steve Wood
P. Noyes	GAJA	1:15.75	100 Back	1:00.13	AWJ	Steve Wood
Maria Vazquez	DYNA	2:44.72	200 Back	2:17.40	RAY	Michael Soderlund
Alison Ibarguen	SAMS	39.52	50 Breast	31.12	LINS	Doug Malcolm
Maria Vazquez	DYNA	1:28.07	100 Breast	1:11.29	AWJ	Lorenzo Benucci
Maria Vazquez	DYNA	3:11.31	200 Breast	2:42.03	DYNA	Chris Weissman
P. Noyes	GAJA	31.75	50 Fly	27.13	GMKW	Mark Beatty
Marianne Countryman	GMKW	1:15.84	100 Fly	1:00.23	AWJ	Steve Wood
Marianne Countryman	GMKW	2:46.42	200 Fly	2:32.80	GAJA	Rob Copeland
Marianne Countryman	GMKW	2:47.59	200 IM	2:16.83	AWJ	Lorenzo Benucci
Marianne Countryman	GMKW	5:50.81	400 IM	5:02.24	AWJ	Lorenzo Benucci

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Women			50 - 54			Men	
Beth McGee	SAMS	29.03	50 Free	25.29	RAY	Michael Soderlund	
Beth McGee	SAMS	1:03.77	100 Free	54.94	DYNA	Bob Bugg	
Beth McGee	SAMS	2:21.03	200 free	2:01.40	DYNA	Bob Bugg	
Marianne Countryman	GMKW	5:03.96	400 Free	4:20.71	DYNA	Bob Bugg	
Marianne Countryman	GMKW	10:23.37	800 Free	9:11.84	DYNA	Bob Bugg	
Marianne Countryman	GMKW	19:33.26	1500 free	18:11.41	RAY	Keith Berryhill	
Maria Vazquez	DYNA	36.22	50 Back	30.40	AWJ	Bart Graham	
Maria Vazquez	DYNA	1:18.60	100 Back	1:03.83	RAY	Michael Soderlund	
Maria Vazquez	DYNA	2:47.96	200 Back	**2:17.57	RAY	Michael Soderlund	
Maria Vazquez	DYNA	41.93	50 Breast	**31.37	LINS	Doug Malcolm (WR)	
Maria Vazquez	DYNA	1:31.30	100 Breast	1:11.59	LINS	Doug Malcolm	
Maria Vazquez	DYNA	3:15.42	200 Breast	2:49.16	DYNA	Berry Hamilton	
Beth McGee	SAMS	32.29	50 Fly	27.12	AWJ	John Fields	
Marianne Countryman	GMKW	1:16.12	100 Fly	1:02.95	DYNA	Bob Bugg	
Marianne Countryman	GMKW	2:49.00	200 Fly	2:34.04	SSS	Rob Copeland	
Marianne Countryman	GMKW	2:49.67	200 IM	2:27.20	SAMS	David Jacobson	
Marianne Countryman	GMKW	5:50.95	400 IM	5:47.54	SSS	Rob Copeland	

Women			55 - 59			Men	
Pam Rogan	ABSC	31.26	50 Free	26.00	AWJ	John Fields	
Pam Rogan	ABSC	1:07.33	100 Free	57.76	DYNA	Bob Bugg	
Pam Rogan	ABSC	2:31.45	200 free	2:05.69	RAY	Michael Soderlund	
Marianne Countryman	AWJ	5:13.70	400 Free	4:38.19	DYNA	Bob Bugg	
Marianne Countryman	AWJ	10:31.37	800 Free	10:15.31	GMKW	Dan Beatty	
Marianne Countryman	AWJ	19:49.53	1500 free	20:16.81	SSS	Rob Copeland	
Jan Weeks	RAYS	37.18	50 Back	30.27	RAY	Michael Soderlund	
Jan Weeks	RAYS	1:21.65	100 Back	1:03.77	RAY	Michael Soderlund	
Marianne Countryman	AWJ	3:00.83	200 Back	2:18.53**	RAY	Michael Soderlund	
Skippy Mattson	DYNA	42.28	50 Breast	33.26	AWJ	Andy Dyer	
Jennifer Almand	GMKW	1:33.26	100 Breast	1:16.47	AWJ	Andy Dyer	
Jennifer Almand	GMKW	3:21.93	200 Breast	2:54.93	AWJ	Andy Dyer	
Marianne Countryman	AWJ	38.14	50 Fly	27.91	AWJ	John Fields	
Marianne Countryman	AWJ	1:23.15	100 Fly	1:03.33	DYNA	Bob Bugg	
Marianne Countryman	AWJ	3:03.41	200 Fly	2:42.71	SSS	Rob Copeland	
Pam Rogan	ABSC	2:54.58	200 IM	2:32.08	GMKW	Dan Beatty	
Marianne Countryman	AWJ	6:11.21	400 IM	5:33.24	GMKW	Dan Beatty	

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Women			60 - 64			Men		
Francine Williamson	DYNA	31.91	50 Free	26.62	AWJ		John Fields	
Francine Williamson	DYNA	1:09.29	100 Free	59.95	AWJ		John Fields	
Francine Williamson	DYNA	2:37.91	200 free	2:12.32	AWJ		John Fields	
Francine Williamson	DYNA	5:33.08	400 Free	5:10.79	AWJ		Bob Couch	
Betty Veater	BRYB	12:47.85	800 Free	10:47.67	AWJ		Bob Couch	
Skippy Mattson	DYNA	24:13.72	1500 free	20:35.11	AWJ		Bob Couch	
Francine Williamson	DYNA	41.58	50 Back	34.04	GMKW		David Hildebrandt	
Skippy Mattson	DYNA	1:33.45	100 Back	1:16.17	GMKW		David Hildebrandt	
Leslie Landey	SAMS	3:20.22	200 Back	2:50.94	AWJ		Andy Dyer	
Francine Williamson	DYNA	44.60	50 Breast	34.26	AWJ		Andy Dyer	
Francine Williamson	DYNA	1:40.41	100 Breast	1:18.62	AWJ		Andy Dyer	
Skippy Mattson	DYNA	3:42.48	200 Breast	2:56.35	AWJ		Andy Dyer	
Lynn Beach	AWJ	41.00	50 Fly	28.22	AWJ		John Fields	
Lynn Beach	AWJ	1:38.40	100 Fly	1:11.57	AWJ		David Hildebrandt	
Michelle Martin	ART	4:22.21	200 Fly	3:02.33	SSS		Rob Copeland	
Lynn Beach	AWJ	3:31.78	200 IM	2:47.89	AWJ		Bob Couch	
Ginger Penn	GMKW	7:45.18	400 IM	5:59.47	AWJ		Andy Dyer	

Women			65 - 69			Men		
Diann Uustal	GMKW	32.72	50 Free	29.78	AWJ		Andy Dyer	
Francine Williamson	GMKW	1:13.42	100 Free	1:06.33	AWJ		Andy Dyer	
Francine Williamson	GMKW	2:43.03	200 free	2:24.61	AWJ		Andy Dyer	
Francine Williamson	GIST	5:50.35	400 Free	5:19.55	AWJ		Andy Dyer	
Francine Williamson	GMKW	12:13.10	800 Free	11:15.60	AWJ		Andy Dyer	
Betty Veater	GIST	24:50.76	1500 free	21:14.92	AWJ		Andy Dyer	
Diann Uustal	GMKW	38.05	50 Back	35.01	AWJ		David Hildebrandt	
Diann Uustal	GMKW	1:22.91	100 Back	1:18.15	GMKW		Joe Reid	
Diann Uustal	GMKW	*3:00.75	200 Back	2:52.29	GMKW		Joe Reid	
Betty Veater	GIST	51.73	50 Breast	36.42	AWJ		Andy Dyer	
Francine Williamson	GMKW	1:42.50	100 Breast	1:23.01	AWJ		Andy Dyer	
Betty Veater	GIST	3:55.06	200 Breast	3:03.89	AWJ		Andy Dyer	
Diann Uustal (WR)	GMKW	**34.56	50 Fly	30.83	AWJ		David Hildebrandt	
Diana Williams	UNAT	2:14.44	100 Fly	1:15.87	AWJ		David Hildebrandt	
Rebecca Hamilton	GMKW	8:56.08	200 Fly	3:10.87	SSS		Rob Copeland	
Prescilla Callaway	GAS	4:48.96	200 IM	2:44.36	AWJ		Andy Dyer	
Prescilla Callaway	GAS	9:58.27	400 IM	6:37.60	SSS		Rob Copeland	

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Women			70 - 74			Men	
Francine Williamson	RAY	34.43	50 Free	31.46	GMKW	William Robertson	
Francine Williamson	RAY	1:17.44	100 Free	1:10.96	GMKW	William Robertson	
Francine Williamson	RAY	2:53.71	200 free	2:41.29	GMKW	William Robertson	
Francine Williamson	RAY	6:19.32	400 Free	6:15.87	HURM	Michael Fox	
Leslie Landey	RAYS	14:10.56	800 Free	12:41.82	HURM	Michael Fox	
Nana Whalen	SAVM	33:19.93	1500 free	23:52.75	HURM	Michael Fox	
Leslie Landey	RAYS	44.34	50 Back	36.58	GMKW	Joe Reid	
Leslie Landey	RAYS	1:35.78	100 Back	1:20.60	GMKW	Joe Reid	
Leslie Landey	RAYS	3:35.88	200 Back	2:55.49	GMKW	Joe Reid	
Bette Grotke	GMKW	54.95	50 Breast	41.79	GMKW	Joe Reid	
Francine Williamson	RAY	1:47.39	100 Breast	1:36.22	GMKW	Joe Reid	
Bette Grotke	GMKW	4:28.90	200 Breast	3:44.50	GMKW	I. Stolz	
Priscilla Callaway	GMKW	1:06.81	50 Fly	37.23	GAJA	William Robertson	
Nana Whalen (Split-400IM)	SAVM	2:35.95	100 Fly	1:44.33	GMKW	J. Mitchell	
			200 Fly	3:47.46	HURM	Michael Fox	
Dodi Thomas	YGF	5:31.97	200 IM	3:20.09	HURM	Michael Fox	
Nana Whalen	SAVM	11:01.36	400 IM	7:08.94	HURM	Michael Fox	

Women			75 - 79			Men	
Francine Williamson	RAYS	37.56	50 Free	34.77	GMKW	David Miller	
Francine Williamson	RAYS	1:22.56	100 Free	1:20.34	GMKW	David Miller	
Francine Williamson	RAYS	3:07.40	200 free	3:11.32	GMKW	David Miller	
Nana Whalen	SAVM	8:16.45	400 Free	7:03.08	GMKW	David Miller	
Nana Whalen	SAVM	17:37.78	800 Free	14:47.32	GMKW	Irwin Stolz (SP)	
Nana Whalen	SAVM	33:28.63	1500 free	28:13.14	GMKW	Irwin Stolz	
Sally Newell	GMKW	57.09	50 Back	40.82	GMKW	George Gfroerer	
Sally Newell	GMKW	2:06.46	100 Back	1:29.02	AWJ	Joe Reid	
Sally Newell	GMKW	4:17.54	200 Back	3:14.56	AWJ	Joe Reid	
Francine Williamson	RAYS	51.47	50 Breast	44.04	AWJ	Joe Reid	
Sally Newell	GMKW	2:08.80	100 Breast	1:42.04	GMKW	Hal Stolz	
Sally Newell	GMKW	4:40.14	200 Breast	3:44.61	GMKW	Hal Stolz	
Nana Whalen	SAVM	1:14.44	50 Fly	40.53	GMKW	Hal Stolz	
Nana Whalen	SAVM	2:42.81	100 Fly	1:44.20	GMKW	Hal Stolz	
			200 Fly	4:08.02	GMKW	Hal Stolz	
Nana Whalen	SAVM	6:05.36	200 IM	3:41.44	GMKW	Hal Stolz	
Nana Whalen	SAVM	11:01.40	400 IM	8:10.32	GMKW	Hal Stolz	

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Sally Newell	GMKW	53.19	50 Free	33.18	GMKW	Clarke Mitchell
Sally Newell	GMKW	2:00.37	100 Free	1:27.06	GMKW	Clarke Mitchell
Sally Newell	GMKW	4:22.89	200 free	3:21.81	GMKW	Irwin Stolz
Sally Newell	GMKW	8:55.59	400 Free	7:15.78	GMKW	Irwin Stolz
			800 Free	15:25.63	GMKW	Irwin Stolz
June Baima	DYNA	42:29.72	1500 free	29:06.52	GMKW	Irwin Stolz
Sally Newell	GMKW	1:03.70	50 Back	41.57	GMKW	Clarke Mitchell
Sally Newell	GMKW	2:20.95	100 Back	*1:31.10	GMKW	(AR) Clarke Mitchell
Sally Newell	GMKW	4:44.53	200 Back	3:27.80	GMKW	Clarke Mitchell
Sally Newell	GMKW	1:03.26	50 Breast	48.07	GMKW	Hal Stolz
Sally Newell	GMKW	2:25.53	100 Breast	1:44.13	GMKW	Hal Stolz
Sally Newell	GMKW	5:15.98	200 Breast	3:59.83	GMKW	Hal Stolz
			50 Fly	**38.75	GMKW	(WR) Clarke Mitchell
Sue Ottosen	GMKW	3:59.32	100 Fly	1:48.37	GMKW	Hal Stolz
			200 Fly	4:19.84	GMKW	Hal Stolz
Sue Ottosen	GMKW	7:06.14	200 IM	4:21.14	GMKW	Irwin Stolz
			400 IM	12:34.88	GMKW	Jack Mitchell

Women			85 - 89		Men	
			50 Free	41.67	GMKW	Clarke Mitchell
			100 Free	1:27.11	GMKW	Clarke Mitchell
			200 free	3:59.57	GMKW	Irwin Stolz
			400 Free	8:24.52	GMKW	Irwin Stolz
			800 Free	17:44.59	GMKW	Irwin Stolz
			1500 free	34:05.57	GMKW	Irwin Stolz
			50 Back	*42.04	GMKW	Clarke Mitchell
			100 Back	*1:38.07	GMKW	Clarke Mitchell
			200 Back	3:51.72	GMKW	Clarke Mitchell
			50 Breast	53.46	GMKW	Clarke Mitchell
			100 Breast	2:07.28	GMKW	Hal Stolz
			200 Breast	4:56.38	GMKW	Albert Woods
			50 Fly	45.31	GMKW	Clarke Mitchell
			100 Fly			
			200 Fly			
			200 IM			
			400 IM			

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Women			90-94		Men	
Anne Dunivin	GMKW	1:53.82	50 Free	52.83	GMKW	Albert Woods
			100 Free	2:25.35	GMKW	Albert Woods
			200 free	5:02.14	GMKW	Irwin Stolz
			400 Free	10:31.45	GMKW	Irwin Stolz
			800 Free			
			1500 free			
Anne Dunivin	GMKW	2:13.85	50 Back	1:27.73	GMKW	Irwin Stolz
			100 Back	4:44.17	GMKW	John Taylor
			200 Back	10:55.85	GMKW	John Taylor
			50 Breast			
			100 Breast	2:45.14	GMKW	Albert Woods
			200 Breast			
			50 Fly			
			100 Fly			
			200 Fly			
			200 IM			
			400 IM			

Women			95-99		Men	
Anne Dunivin	GMKW	2:01.67	50 Free			
Anne Dunivin	GMKW	4:41.19	100 Free			
Anne Dunivin	GMKW	*11:15.91	200 free			
Anne Dunivin	GMKW	*22:01.50	400 Free			
			800 Free			
			1500 free			
Anne Dunivin	GMKW	2:25.58	50 Back			
Anne Dunivin	GMKW	5:19.60	100 Back			
Anne Dunivin	GMKW	11:32.56	200 Back			
			50 Breast			
			100 Breast			
			200 Breast			
			50 Fly			
			100 Fly			
			200 Fly			
			200 IM			
			400 IM			

Records high lighted in RED indicate records set in 2023

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Long Course Meters State Records

Updated August 14, 2023

* USMS Record

** World Record

Women			100-104	Men
Anne Dunivin	GMKW	*2:48.80	50 Free	
Anne Dunivin	GMKW	*5:42.81	100 Free	
Anne Dunivin	GMKW	*12:06.09	200 free	
			400 Free	
			800 Free	
			1500 free	
			50 Back	
			100 Back	
			200 Back	
			50 Breast	
			100 Breast	
			200 Breast	
			50 Fly	
			100 Fly	
			200 Fly	
			200 IM	
			400 IM	

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