

2023 SouthSide Pentathlon - 9/24/2023

Results - Sunday

Event 1 Women 35-39 400 Yard IM	2 Brittany Oxley	36 Central Alabama-15	34.37
1 Vesna Shelnutt	38 YMCA of Metro At-45	5:06.40	
Event 1 Women 40-44 400 Yard IM	Event 4 Women 45-49 50 Yard Backstroke		
1 Sophie Kim	40 UC14-FL	6:11.29	1 Andrea Knight
Event 1 Men 30-34 400 Yard IM	Event 4 Women 50-54 50 Yard Backstroke		49 UC45-GA
1 Matt Jones	52 Columbus Aquatic-45	6:57.02	38.90
Event 1 Men 65-69 400 Yard IM	Event 4 Women 55-59 50 Yard Backstroke		
1 Samy Naguib	59 Atlanta Water Jo-45	7:01.93	1 Marianne Countryman
Event 1 Men 75-79 400 Yard IM	62 Southside Seals-45	8:43.84	59 Atlanta Water Jo-45
1 John Zeigler	77 Georgia Masters-45	8:43.84	2 Leslie Cahill
Event 2 Women 55-59 500 Yard Freestyle	59 Chastain Park At-45		59 Chastain Park At-45
1 Marianne Countryman	62 Andrew and Walte-45	6:14.11	52.80
Event 2 Women 70-74 500 Yard Freestyle	Event 4 Women 60-64 50 Yard Backstroke		
1 Francine Greer	62 Southside Seals-45	11:13.13	1 Karol Welling
Event 2 Women 75-79 500 Yard Freestyle	62 Andrew and Walte-45	11:01.70	2 DeLise Coleman
1 Dodi Thomas	68 Georgia Masters-45	11:01.70	46.40
Event 2 Men 40-44 500 Yard Freestyle	Event 4 Women 65-69 50 Yard Backstroke		
1 Benjamin Dennis	68 Georgia Masters-45	6:13.37	1 Patricia Harrison
Event 3 Women 25-29 100 Yard Butterfly	70 Chastain Park At-45		44.36
1 Jamie Christy	70 Chastain Park At-45	1:04.86	Event 4 Women 70-74 50 Yard Backstroke
2 Anna Beem	76 Atlanta Water Jo-45	2:01.65	1 Francoise Levinson
Event 3 Women 40-44 100 Yard Butterfly	Event 4 Women 75-79 50 Yard Backstroke		
1 Sarah Williams	76 Atlanta Water Jo-45	1:37.98	1 Dodi Thomas
Event 3 Women 60-64 100 Yard Butterfly	83 Georgia Masters-45		57.16
1 Elaine Krugman	83 Georgia Masters-45	2:02.67	Event 4 Women 80-84 50 Yard Backstroke
Event 3 Women 65-69 100 Yard Butterfly	Event 4 Men 40-44 50 Yard Backstroke		
--- Doorye Kim	41 Andrew and Walte-45	DQ 3:10.34	1 Douglas Carrington
One hand touch	41 Andrew and Walte-45		30.39
Event 3 Women 70-74 100 Yard Butterfly	Event 4 Men 55-59 50 Yard Backstroke		
--- Rebecca Hamilton	56 Central Alabama-15	DQ 4:30.65	1 Richard Patino
Arms underwater recovery	58 Georgia Masters-45		29.65
Event 3 Men 18-24 100 Yard Butterfly	Event 4 Men 60-64 50 Yard Backstroke		
1 Daniel Wondaferew	61 Georgia Masters-45	1:10.06	1 Randy Russell
Event 3 Men 25-29 100 Yard Butterfly	61 Georgia Masters-45		33.66
1 Opio Douglas	61 Georgia Masters-45	1:15.64	2 Thomas Potter
Event 3 Men 30-34 100 Yard Butterfly	Event 4 Men 70-74 50 Yard Backstroke		
1 Shailesh Tripathi	70 Chastain Park At-45	1:02.71	1 James Hickey
Event 3 Men 40-44 100 Yard Butterfly	Event 5 Women 25-29 200 Yard Freestyle		
1 Gabriel Costa	28 Augusta Recreati-45	58.06	1 Leah Hall
Event 3 Men 55-59 100 Yard Butterfly	28 Augusta Recreati-45		2:16.13
1 Mark Rogers	31 UC45-GA	1:43.01	Event 5 Women 35-39 200 Yard Freestyle
Event 4 Women 18-24 50 Yard Backstroke	Event 5 Women 40-44 200 Yard Freestyle		
1 Misty Crowe	40 UC14-FL	57.65	1 Vesna Shelnutt
Event 4 Women 25-29 50 Yard Backstroke	40 UC14-FL		38 YMCA of Metro At-45
1 Leah Hall	32 Nautical Milers-45	31.77	2:07.03
Event 4 Women 35-39 50 Yard Backstroke	Event 5 Men 30-34 200 Yard Freestyle		
1 Britta O'Leary	32 Nautical Milers-45	29.53	1 Matt Jones
	32 Nautical Milers-45		2:41.67
	Event 5 Men 55-59 200 Yard Freestyle		
	56 Atlanta Water Jo-45		1 Jeffrey Tacca
	56 Atlanta Water Jo-45		2:10.11
	Event 5 Men 65-69 200 Yard Freestyle		
	69 Georgia Masters-45		1 Samy Naguib
	69 Georgia Masters-45		2:57.23
	Event 5 Men 70-74 200 Yard Freestyle		
	70 Chastain Park At-45		1 James Hickey
	70 Chastain Park At-45		2:30.65
	Event 5 Men 75-79 200 Yard Freestyle		
	77 Georgia Masters-45		1 John Zeigler
	77 Georgia Masters-45		3:47.00
	Event 6 Women 25-29 200 Yard IM		
	28 Dynamo Swim Club-45		1 Jamie Christy
	28 Dynamo Swim Club-45		2:22.51

2023 SouthSide Pentathlon - 9/24/2023

Results - Sunday

(Event 6 Women 25-29 200 Yard IM)				Event 8 Women 70-74 200 Yard Breaststroke						
2	Anna Beem	26	Nautical Milers-45	4:00.79	1	Francoise Levinson	70 Chastain Park At-45	4:01.45		
Event 6 Women 40-44 200 Yard IM				Event 8 Men 30-34 200 Yard Breaststroke						
1	Sarah Williams	41	Central Alabama-15	3:16.74	1	Matt Jones	32 Nautical Milers-45	3:58.87		
Event 6 Women 65-69 200 Yard IM				Event 8 Men 35-39 200 Yard Breaststroke						
1	Doorye Kim	68	UC45-GA	5:31.88	1	Jay-Jay Botha	35 UC45-GA	3:00.54		
Event 6 Women 70-74 200 Yard IM				Event 8 Men 65-69 200 Yard Breaststroke						
1	Rebecca Hamilton	71	Georgia Masters-45	8:44.25	1	Samy Naguib	69 Georgia Masters-45	3:29.08		
Event 6 Men 18-24 200 Yard IM				Event 8 Men 75-79 200 Yard Breaststroke						
1	Daniel Wondaferew	22	Nautical Milers-45	2:31.50	1	Roland Roark	75 Auburn Master Sw-15	3:31.13		
Event 6 Men 25-29 200 Yard IM				Event 8 Men 75-79 200 Yard Breaststroke						
1	Opio Douglas	26	Nautical Milers-45	3:06.40	2	John Zeigler	77 Georgia Masters-45	4:06.74		
Event 6 Men 30-34 200 Yard IM				Event 9 Women 25-29 100 Yard Freestyle						
---	Shailesh Tripathi	31	UC45-GA	DQ 2:34.44	1	Leah Hall	28 Augusta Recreati-45	58.29		
Arms underwater recovery - fly				2				Jamie Christy	28 Dynamo Swim Club-45	58.43
Event 6 Men 40-44 200 Yard IM				Event 9 Women 25-29 100 Yard Freestyle						
1	Gabriel Costa	43	Central Alabama-15	2:26.51	3	Anna Beem	26 Nautical Milers-45	1:30.67		
Event 6 Men 55-59 200 Yard IM				Event 9 Women 40-44 100 Yard Freestyle						
1	Mark Rogers	57	Atlanta Water Jo-45	3:11.01	1	Sarah Williams	41 Central Alabama-15	1:10.93		
Event 7 Women 18-24 50 Yard Butterfly				Event 9 Women 65-69 100 Yard Freestyle						
1	Misty Crowe	21	Nautical Milers-45	1:13.36	1	Doorye Kim	68 UC45-GA	2:06.20		
Event 7 Women 35-39 50 Yard Butterfly				Event 9 Women 70-74 100 Yard Freestyle						
1	Britta O'Leary	39	Atlanta Water Jo-45	28.08	1	Rebecca Hamilton	71 Georgia Masters-45	3:20.61		
2	Brittany Oxley	36	Central Alabama-15	32.21	Event 9 Women 80-84 100 Yard Freestyle					
Event 7 Women 45-49 50 Yard Butterfly				Event 9 Men 18-24 100 Yard Freestyle						
1	Andrea Knight	49	UC45-GA	50.21	1	Daniel Wondaferew	22 Nautical Milers-45	57.57		
Event 7 Women 50-54 50 Yard Butterfly				Event 9 Men 25-29 100 Yard Freestyle						
1	Sandra Parker	52	Columbus Aquatic-45	39.15	1	Opio Douglas	26 Nautical Milers-45	1:16.55		
Event 7 Women 55-59 50 Yard Butterfly				Event 9 Men 30-34 100 Yard Freestyle						
1	Marianne Countryman	59	Atlanta Water Jo-45	35.14	1	Shailesh Tripathi	31 UC45-GA	59.71		
2	Leslie Cahill	59	Chastain Park At-45	45.01	Event 9 Men 40-44 100 Yard Freestyle					
Event 7 Women 60-64 50 Yard Butterfly				Event 9 Men 40-44 100 Yard Freestyle						
1	Elaine Krugman	61	Atlanta Water Jo-45	53.82	1	Gabriel Costa	43 Central Alabama-15	55.42		
2	DeLise Coleman	62	Andrew and Walte-45	1:21.93	2	Philip Kitchens	42 UC45-GA	1:00.97		
Event 7 Men 40-44 50 Yard Butterfly				Event 9 Men 55-59 100 Yard Freestyle						
1	Douglas Carrington	41	Andrew and Walte-45	27.42	1	Jeffrey Tacca	56 Atlanta Water Jo-45	58.16		
2	Philip Kitchens	42	UC45-GA	31.56	2	Mark Rogers	57 Atlanta Water Jo-45	1:15.59		
Event 7 Men 55-59 50 Yard Butterfly				Event 9 Men 70-74 100 Yard Freestyle						
1	Richard Patino	56	Central Alabama-15	26.44	1	Ted Hammond	70 Georgia Masters-45	1:00.60		
2	Randy Marchman	58	Georgia Masters-45	31.57	2	James Hickey	70 Chastain Park At-45	1:07.99		
Event 7 Men 60-64 50 Yard Butterfly				Event 9 Men 70-74 100 Yard Freestyle						
1	Randy Russell	61	Georgia Masters-45	29.50	3	Dudley Meier	71 Dynamo Swim Club-45	1:36.72		
2	Thomas Potter	61	Georgia Masters-45	31.41	Event 10 Women 18-24 100 Yard IM					
Event 8 Women 35-39 200 Yard Breaststroke				Event 10 Women 18-24 100 Yard IM						
1	Vesna Shelnutt	38	YMCA of Metro At-45	2:47.11	---	Misty Crowe	21 Nautical Milers-45	DQ 2:09.00		
Event 8 Women 40-44 200 Yard Breaststroke				Arms underwater recovery - fly						
1	Sophie Kim	40	UC14-FL	3:11.67	Event 10 Women 35-39 100 Yard IM					
Event 8 Women 40-44 200 Yard Breaststroke				Event 10 Women 35-39 100 Yard IM						
1	Sophie Kim	40	UC14-FL	3:11.67	1	Britta O'Leary	39 Atlanta Water Jo-45	1:02.45		
Event 8 Women 40-44 200 Yard Breaststroke				Event 10 Women 45-49 100 Yard IM						
1	Sophie Kim	40	UC14-FL	3:11.67	2	Brittany Oxley	36 Central Alabama-15	1:17.79		
Event 8 Women 40-44 200 Yard Breaststroke				Event 10 Women 45-49 100 Yard IM						
1	Sophie Kim	40	UC14-FL	3:11.67	1	Andrea Knight	49 UC45-GA	1:35.10		

2023 SouthSide Pentathlon - 9/24/2023

Results - Sunday

Event 10 Women 50-54 100 Yard IM

1	Sandra Parker	52	Columbus Aquatic-45	1:23.98
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Event 10 Women 55-59 100 Yard IM

1	Leslie Cahill	59	Chastain Park At-45	1:39.88
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Event 10 Women 60-64 100 Yard IM

1	DeLise Coleman	62	Andrew and Walte-45	2:29.46
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Event 10 Women 70-74 100 Yard IM

1	Francine Greer	73	Andrew and Walte-45	2:45.79
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Event 10 Women 75-79 100 Yard IM

1	Dodi Thomas	76	Atlanta Water Jo-45	2:14.74
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Event 10 Men 40-44 100 Yard IM

1	Douglas Carrington	41	Andrew and Walte-45	1:06.31
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Event 10 Men 55-59 100 Yard IM

1	Richard Patino	56	Central Alabama-15	1:01.80
2	Randy Marchman	58	Georgia Masters-45	1:14.36

Event 10 Men 60-64 100 Yard IM

1	Randy Russell	61	Georgia Masters-45	1:10.07
2	Thomas Potter	61	Georgia Masters-45	1:15.01

Event 10 Men 70-74 100 Yard IM

1	James Hickey	70	Chastain Park At-45	1:20.65
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Event 11 Women 25-29 200 Yard Backstroke

1	Leah Hall	28	Augusta Recreati-45	2:32.39
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Event 11 Women 35-39 200 Yard Backstroke

1	Vesna Shelnutt	38	YMCA of Metro At-45	2:29.35
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Event 11 Women 40-44 200 Yard Backstroke

1	Sophie Kim	40	UC14-FL	2:56.08
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Event 11 Women 55-59 200 Yard Backstroke

1	Marianne Countryman	59	Atlanta Water Jo-45	2:48.50
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Event 11 Women 60-64 200 Yard Backstroke

1	Karol Welling	62	Southside Seals-45	3:32.23
2	Elaine Krugman	61	Atlanta Water Jo-45	3:35.07

Event 11 Men 30-34 200 Yard Backstroke

1	Matt Jones	32	Nautical Milers-45	3:12.39
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Event 12 Women 25-29 100 Yard Breaststroke

1	Jamie Christy	28	Dynamo Swim Club-45	1:11.58
2	Anna Beem	26	Nautical Milers-45	2:00.44

Event 12 Women 40-44 100 Yard Breaststroke

1	Sarah Williams	41	Central Alabama-15	1:40.94
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Event 12 Women 65-69 100 Yard Breaststroke

1	Patricia Harrison	68	Georgia Masters-45	1:43.82
2	Doorye Kim	68	UC45-GA	3:06.45

Event 12 Women 70-74 100 Yard Breaststroke

1	Francoise Levinson	70	Chastain Park At-45	1:53.10
---	Rebecca Hamilton	71	Georgia Masters-45	DQ 4:59.45

Double pull / kicks

Event 12 Women 75-79 100 Yard Breaststroke

1	Dodi Thomas	76	Atlanta Water Jo-45	2:14.70
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Event 12 Men 18-24 100 Yard Breaststroke

1	Daniel Wondaferew	22	Nautical Milers-45	1:20.55
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Event 12 Men 25-29 100 Yard Breaststroke

1	Opio Douglas	26	Nautical Milers-45	1:39.91
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Event 12 Men 30-34 100 Yard Breaststroke

1	Shailesh Tripathi	31	UC45-GA	1:22.33
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Event 12 Men 35-39 100 Yard Breaststroke

1	Jay-Jay Botha	35	UC45-GA	1:23.60
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Event 12 Men 40-44 100 Yard Breaststroke

1	Philip Kitchens	42	UC45-GA	1:15.51
2	Benjamin Dennis	42	Columbus Aquatic-45	1:22.41
3	Gabriel Costa	43	Central Alabama-15	1:30.59

Event 12 Men 55-59 100 Yard Breaststroke

1	Mark Rogers	57	Atlanta Water Jo-45	1:46.01
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Event 12 Men 70-74 100 Yard Breaststroke

1	Dudley Meier	71	Dynamo Swim Club-45	2:22.35
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Event 12 Men 75-79 100 Yard Breaststroke

1	Roland Roark	75	Auburn Master Sw-15	1:37.29
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Event 13 Women 18-24 50 Yard Freestyle

1	Misty Crowe	21	Nautical Milers-45	50.45
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Event 13 Women 35-39 50 Yard Freestyle

1	Britta O'Leary	39	Atlanta Water Jo-45	25.91
2	Brittany Oxley	36	Central Alabama-15	28.90

Event 13 Women 45-49 50 Yard Freestyle

1	Andrea Knight	49	UC45-GA	37.47
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Event 13 Women 50-54 50 Yard Freestyle

1	Sandra Parker	52	Columbus Aquatic-45	32.68
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Event 13 Women 55-59 50 Yard Freestyle

1	Leslie Cahill	59	Chastain Park At-45	37.14
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Event 13 Women 60-64 50 Yard Freestyle

1	DeLise Coleman	62	Andrew and Walte-45	43.35
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Event 13 Women 65-69 50 Yard Freestyle

1	Patricia Harrison	68	Georgia Masters-45	36.72
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Event 13 Women 70-74 50 Yard Freestyle

1	Francine Greer	73	Andrew and Walte-45	49.63
2	Francoise Levinson	70	Chastain Park At-45	53.18

Event 13 Women 80-84 50 Yard Freestyle

1	Judith Haase	83	Georgia Masters-45	1:30.86
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Event 13 Men 35-39 50 Yard Freestyle

1	Jay-Jay Botha	35	UC45-GA	34.10
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Event 13 Men 40-44 50 Yard Freestyle

1	Douglas Carrington	41	Andrew and Walte-45	25.11
2	Philip Kitchens	42	UC45-GA	26.25

Event 13 Men 55-59 50 Yard Freestyle

1	Richard Patino	56	Central Alabama-15	24.35
2	Jeffrey Tacca	56	Atlanta Water Jo-45	26.75
3	Randy Marchman	58	Georgia Masters-45	28.89

2023 SouthSide Pentathlon - 9/24/2023

Results - Sunday

Event 13 Men 60-64 50 Yard Freestyle	2 Brittany Oxley	36 Central Alabama-15	37.34
1 Randy Russell	61 Georgia Masters-45		26.59
2 Thomas Potter	61 Georgia Masters-45		29.82
Event 13 Men 70-74 50 Yard Freestyle	Event 16 Women 45-49 50 Yard Breaststroke		
1 Ted Hammond	1 Andrea Knight	49 UC45-GA	44.58
2 James Hickey	70 Chastain Park At-45		29.93
3 Dudley Meier	71 Dynamo Swim Club-45		41.30
Event 14 Women 35-39 200 Yard Butterfly	Event 16 Women 50-54 50 Yard Breaststroke		
1 Vesna Shelnutt	1 Sandra Parker	52 Columbus Aquatic-45	44.73
38 YMCA of Metro At-45			
2:20.05	Event 16 Women 55-59 50 Yard Breaststroke		
Event 14 Women 40-44 200 Yard Butterfly	1 Leslie Cahill	59 Chastain Park At-45	49.87
1 Sophie Kim			
40 UC14-FL	Event 16 Women 60-64 50 Yard Breaststroke		
3:25.35	1 Elaine Krugman	61 Atlanta Water Jo-45	47.24
Event 14 Women 60-64 200 Yard Butterfly	2 DeLise Coleman	62 Andrew and Walte-45	1:30.11
1 Elaine Krugman			
61 Atlanta Water Jo-45	Event 16 Women 65-69 50 Yard Breaststroke		
4:38.94	1 Patricia Harrison	68 Georgia Masters-45	43.47
Event 14 Men 30-34 200 Yard Butterfly	Event 16 Women 70-74 50 Yard Breaststroke		
1 Matt Jones	1 Francoise Levinson	70 Chastain Park At-45	52.40
32 Nautical Milers-45	2 Francine Greer	73 Andrew and Walte-45	1:14.57
3:35.80	Event 16 Women 75-79 50 Yard Breaststroke		
Event 14 Men 65-69 200 Yard Butterfly	1 Dodi Thomas	76 Atlanta Water Jo-45	58.63
1 Samy Naguib			
69 Georgia Masters-45	Event 16 Men 35-39 50 Yard Breaststroke		
3:43.89	1 Jay-Jay Botha	35 UC45-GA	38.37
Event 14 Men 75-79 200 Yard Butterfly	Event 16 Men 40-44 50 Yard Breaststroke		
1 John Zeigler	1 Philip Kitchens	42 UC45-GA	33.03
77 Georgia Masters-45	2 Douglas Carrington	41 Andrew and Walte-45	33.29
4:29.75	Event 16 Men 55-59 50 Yard Breaststroke		
Event 15 Women 25-29 100 Yard Backstroke	1 Richard Patino	56 Central Alabama-15	32.81
1 Leah Hall	2 Randy Marchman	58 Georgia Masters-45	39.12
28 Augusta Recreati-45			
1:08.09	Event 16 Men 60-64 50 Yard Breaststroke		
2 Jamie Christy	1 Randy Russell	61 Georgia Masters-45	35.62
28 Dynamo Swim Club-45	2 Thomas Potter	61 Georgia Masters-45	36.58
1:12.49	Event 16 Men 70-74 50 Yard Breaststroke		
3 Anna Beem	1 Dudley Meier	71 Dynamo Swim Club-45	1:02.28
26 Nautical Milers-45			
1:51.09	Event 16 Men 75-79 50 Yard Breaststroke		
Event 15 Women 40-44 100 Yard Backstroke	1 Roland Roark	75 Auburn Master Sw-15	42.92
1 Sarah Williams			
41 Central Alabama-15			
1:31.69			
Event 15 Women 55-59 100 Yard Backstroke			
1 Marianne Countryman			
59 Atlanta Water Jo-45			
1:20.34			
Event 15 Women 65-69 100 Yard Backstroke			
1 Doorye Kim			
68 UC45-GA			
2:43.78			
Event 15 Women 70-74 100 Yard Backstroke			
1 Rebecca Hamilton			
71 Georgia Masters-45			
3:48.82			
Event 15 Women 80-84 100 Yard Backstroke			
1 Judith Haase			
83 Georgia Masters-45			
3:19.49			
Event 15 Men 18-24 100 Yard Backstroke			
1 Daniel Wondaferew			
22 Nautical Milers-45			
1:18.03			
Event 15 Men 25-29 100 Yard Backstroke			
1 Opio Douglas			
26 Nautical Milers-45			
1:28.45			
Event 15 Men 30-34 100 Yard Backstroke			
1 Shailesh Tripathi			
31 UC45-GA			
1:10.87			
Event 15 Men 40-44 100 Yard Backstroke			
1 Gabriel Costa			
43 Central Alabama-15			
1:07.89			
Event 15 Men 55-59 100 Yard Backstroke			
1 Mark Rogers			
57 Atlanta Water Jo-45			
1:43.60			
Event 16 Women 18-24 50 Yard Breaststroke			
1 Misty Crowe			
21 Nautical Milers-45			
59.34			
Event 16 Women 35-39 50 Yard Breaststroke			
1 Britta O'Leary			
39 Atlanta Water Jo-45			
33.01			